

How to Protect Endangered Sea Turtles

Endangered sea turtles need your help! Sea turtles need to be protected more and awareness is needed. They are at risk for extinction and in order to change this, everyone should start following these methods. Some ways we can protect sea turtles include, increasing public awareness, stopping light pollution, and stopping plastic pollution.

To begin, if we increase public awareness, endangered sea turtles will most likely be more safe and protected with the help of people's cautiousness. Increased human awareness will have a big impact on turtles because some people may want to be less involved in this and if less people are involved, sadly there would be less ideas and solutions on how to protect these animals. "Sea Turtle Conservancy" states, "long-term protection of sea turtles also means developing solutions that reduce reliance on management methods requiring direct human involvement," (Sea Turtle Conservancy). This proves that if more humans are aware than there is a chance people could step up further to help save these turtles.

Secondly, if we stop light pollution it will eliminate disturbances caused at sea turtle's nesting beaches. Stopping this will help turtles by the involvement of local governments and people that are trying to lend a helping hand to disoriented sea turtles. The cause of this problem is the fact that turtles mistakenly follow the artificial light in the direction away from the safety of the water and towards their cause of death. Luckily people are already making changes. For example, according to "Sea Turtle Conservancy," because of the light pollution "Some local

governments have passed regulations to eliminate or control artificial beach front lighting, which is known to deter females from nesting and disorient hatchings,” (Sea Turtle Conservancy). Furthermore proper lighting, awareness, and reducing artificial lighting are all ways that can protect sea turtles from light pollution.

Lastly, if we stop plastic pollution less sea turtles will be endangered. Because plastic pollution is the main reason sea turtles are endangered, this is important for everyone to be aware of in order to protect them. From “Projects Abroad,” Matilda Lipponen states, “Researchers estimated over half of all turtles in the world have ingested plastic in various forms, ”(Lipponen). Plastic is a true danger when it comes to turtles and the fact that about half of turtles in the world have ingested it is horrible. Plastic can rupture their organs, cause blockages, and even stunt their growth, and all this just from a turtle ingesting a small piece of plastic. Imagine what other things plastic can do to sea turtles! Therefore this is why we need everyone’s help to clean marine debris, recycle, avoid microplastic, work on using reusable objects, and so on.

In conclusion, people everywhere really need to be aware of how much protection sea turtles really need. Ways to help include, increasing public awareness, stopping light pollution, and excessively stopping plastic pollution. Always remember human awareness is the most needed as it is how we get people to stop plastic and light pollution. If we protect these endangered sea turtles we’ll have a chance in keeping them from extinction. After all, who wouldn’t want to save these shelly creatures?

Work Cited

“Conservation Strategies.” *Sea Turtle Conservancy*. April 1, 2023.

<https://conserveturtles.org/information-sea-turtles-conservation-strategies/>. Accessed October 10, 2023.

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